

Weakley County School Nutrition Program

MARTIN PRIMARY

November 2018 Menu

Milk choice & Fruit choice offered daily

“This institution is an equal opportunity provider.”

<i>Cereal & String Cheese</i>	<i>Chef Salad</i>	<i>Ham & Cheese Roll-up</i>	<i>Deli Sandwich</i>	<i>Yogurt & Cracker</i>
Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pop Tart	2 Pillsbury Pancakes
			Sweet and Sour Chicken or Crispy Steak Lo Mein Noodles Chinese Green Beans Broccoli with Cheese Grapes/Pineapple	Hamburger Steak or Pork Chop Garlic Toast Baked Sweet Potato Corn Blueberries/Oranges
5 Cream Cheese Bagel	6 Pillsbury Waffles	7 Chicken Biscuit	8 Banana Bread	9 Sausage, Egg, Cheese Slider
Cheeseburger or Grilled Chicken Wrap Lettuce, Tomato, Pickles Baked Beans Fries Fresh Apple/Fruit	Deli Sub or Grilled Cheese Sandwich Vegetable Soup Baby Carrots with dip Fries Applesauce Cups/Fruit	Chicken Nuggets w/ Hot Roll or Mini Corndogs Mashed Potatoes Bacon Green Beans Sorbet Cups/Raisels	Grilled Chicken or Beef Dippers Hot Roll Stir Fry Fresh Side Salad Peaches/Plums	Rib Sandwich or Chicken Philly Steamed Broccoli Sweet Potato Waffle Fries Variety of Fruit
12 Donut	13 Breakfast Pizza	14 Sausage and Biscuit	15 String Cheese & Snack Crackers	16 Pillsbury Mini Cinis
Dill Chicken Sandwich or Cheeseburger Lettuce, Tomato, Pickles Waffle Fries Baked Beans Fresh Apple/Fruit 	Popcorn Chicken or Chuckwagon Hot Roll Glazed Carrots Green Beans Pineapple/Grapes	Taco or Grilled Chicken Fajita Shredded Lettuce & Diced Tomato Chips & Salsa and Sour Cream Fiesta Refried Beans Sidekick Slushie	Tukey or Ham Cornbread Dressing Hot Roll Sweet Potatoes Green Beans Fruit Salad with Topping Strawberry Cups 	Tukey or Ham Cornbread Dressing Hot Roll Sweet Potatoes Green Beans Fruit Salad with Topping Peach Cups 
19 Muffins	20 Pop Tart	<p style="text-align: center;">NO SCHOOL NOVEMBER 21-23</p> <p style="text-align: center;">HAPPY THANKSGIVING</p> 		
Pizza or Manager's Choice Fresh Side Salad Corn Fruit Choice	Corndog or Cheese Sticks w/Marinara Carrots with Dip Fries Fruit Choice			
26 Pillsbury French Toast	27 Cereal	28 Frudel	29 Manager' Choice	30 Cocoa Bread
Stuffed Crust Pizza or Burrito Fries Fresh Side Salad w/ Cherry Tomato Applesauce Cups/Pineapple  Happy Bday Charles Shulz	Poppy Seed Chicken or Country Fried Steak with Gravy Cornbread Black-eye Peas Cabbage Peaches/Pears	Breaded Chicken or Baked Ham Hot Roll Green Beans Mashed Potatoes Sorbet cups/Raisels	Pork Chopette w/ Hot Roll or Frito Chili Pie Macaroni & Cheese Carrots w/dip English Peas Grapes/Pears	Lasagna or Chicken Rings Hot Roll Sweet Potatoes Pinto Beans Variety of Fruit